

**RISK ASSESSMENT CARRIED OUT AT CHEAM FIELDS PRIMARY SCHOOL IN RESPECT OF
COVID 19 TRANSMISSION**

REFFELLS SWIMMING ACADEMY

SWIMMINNG POOL RE-OPENING 2020

WELCOME BACK TO REFFELLS SWIMMING ACADEMY CLUB!!

**PLEASE NOTE ALL SWIMMING LESSONS WILL CONTINUE TO RUN UNTIL THE END Of November 2020 TO
ENABLE MAXIMUM PROGRESS FOR THE CHILDREN THIS YEAR.**

Dear Parent,

I would like to take this opportunity to reassure you that I have taken all the steps humanly possible to ensure the safety of you, your child/children and myself during these difficult times. It is a known and proven fact that Covid- 19 is killed in bleach/chlorine. The levels of chlorine therefore, will be kept slightly higher, as a precaution. Please ensure your child has goggles to wear.

Swim England have also made recommendations. They are as follows-

Bring your own swimming floats and put your children's names on them.

Shower BEFORE coming swimming and ensure that your child is wearing their swimming costume.

Shower at home NOT at school.

Ensure you socially distance your child/children from others and keep 2metres apart.

The swimming teacher will teach from the side of the pool except for Non swimmer and Beginner classes, to ensure safety for the children in the water.

One adult only should accompany their child/children to the swimming pool.

There should be a one way system in place.

Swim England also states that the high temperature and humidity in the swimming pool mitigate airborne transmission.

The free chlorine level should be kept no lower than 1.5mg.

Cheam Fields have always kept their free chlorine level above this at around 2.0 to 2.5, thus further minimising the risk of infection.

The Ph level of the water should be kept no lower than 7.0. Cheam Fields keeps this level between 7.4 and 7.6, thus minimising further risk of infection.

ENTRY TO CHEAM FIELDS PRIMARY ACADEMY SCHOOL

PLEASE NOTE THAT THE CAR PARK IS NOT IN USE DURING THIS TIME

ONE adult ONLY is allowed to accompany your child/children to the swimming pool.

CHANGING

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Please bring your child already changed for swimming wearing hat and costume to minimise time spent changing .Please ensure your child has been to the toilet before you set off for your swimming lesson.

Please change your child at the fire exit end of the swimming enclosure in the colder weather.

WHERE DO I GO TO ENTER THE SWIMMING POOL?

How do I find the swimming pool fire exit entrance?

Please enter the school by the **RED PEDESTRIAN** gate at the bottom of the driveway.

Walk up the path and onto the top playground by the Nursery

Turn **LEFT** and walk across the top playground.

Walk down the **LAST** set of steps by FOXES CLASS.

Walk through the **GREEN** gate that will be left open for you.

THE FIRE EXIT IS SITUATED HERE

THERE WILL BE ARROWS TO SUPPORT YOU IN FINDING THE ENTRANCE TO THE SWIMMING POOL

Sanitise your hands as you enter through the green door.

Your child will enter the pool from the steps nearest to you at a 2 metre distance from other children.

ONE WAY SYSTEM

During The Colder Weather, ALL PARENTS WILL ENTER THE CHANGING ROOMS AND WAIT THERE FOR THEIR CHILD TO COMPLETE THEIR LESSON,

WEARING A MASK AT ALL TIMES.

You will enter through the boys changing room, 3 families will walk through and use the girls toilet area, 4 families will enter the girls changing room and 3 families will remain in the boys changing room

Please enter the changing rooms at a 2metre distance behind other families.

Only THREE children, each with an adult will be allowed in the boys changing room, FOUR children in the girls changing room. THREE children will be allowed in the girls' toilet area. (I will monitor this myself to ensure safety.

TEN families only can safely change in these three areas

PLEASE NOTE SHOWERS WILL NOT BE IN USE DURING THIS TIME

SWIMMING POOL CORRIDOR

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THE SWIMMING POOL CORRIDOR WILL NOT BE IN USE AT THIS TIME

COLOURED CONES ON POOLSIDE AS MARKERS FOR EACH CHILD

WIDTH CLASSES/5 METRE CLASSES

Coloured cones will be on the side of the pool. Your child will have their own cones to swim between.

These will be 2 metres apart.

10 METRE CLASSES (To be run as a slow length class to allow for the social distancing measures to work)

Coloured cones will be on the side of the pool. Your child will have their own cones to stand by. These will be 2 metres apart. There is the option to have three children at the end of the pool and three children in the middle of the pool and therefore they will swim in waves, 2 metres apart for the duration of the lesson.

LENGTH CLASSES

These classes will swim circuits, 2 metres apart around the four sides of the swimming pool, with rest periods in between.

DURING THE LESSON

I will remain out of the water whilst swimming lessons take place. Sadly this will mean that I will be unable to manually correct the children's stroke work. I will do my very best to convey any corrections through speaking to your child and using my own demonstrations.

If your child needs the toilet during the lesson, DISINFECTANT SPRAY WILL BE SITUATED UP ON THE SHELVES BY THE WINDOWS IN THE BOYS CHANGING ROOM AND GIRLS TOILETS, WITH BLUE ROLL FOR WIPING DOWN THE TOILET ONCE YOUR CHILD HAS BEEN. RETURN THE DISINFECTANT SPRAY TO THE SHELF IN READINESS FOR THE NEXT PERSON.

AFTER THE LESSON

The children will exit the pool 2 metres apart and go to the changing room to change with you.

You will have only a short time to change your child/children as I need to disinfect the areas before the next group of children arrive. (APPROX 5MINS)

YOU MUST NOT COME INTO CONTACT WITH ANYONE FROM A DIFFERENT SWIMMING GROUP.

After your swimming lesson please exit through the changing rooms and out via the GREEN DOOR In the corridor, remaining 2 metres apart.

The table below is the new swimming lesson start times to allow for cleaning in between each group of swimmers and adults.

Please text me on 07792991455, with your child's name and let me know if you are happy to resume swimming classes in the light of all safety measures put in place. Some classes will have restricted numbers, due to social distancing measures put in place at this time.

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PLEASE NOTE If you have paid a years' swimming fees, all monies owed, will be returned to you when swimming is completed this year.

IF YOU HAVE ANY QUESTIONS PLEASE TEXT OR PHONE ME

Thank you for all your support and understanding with the new swimming programme.

Carolyn Reffell

DATE CARRIED OUT: MONDAY 22ND JUNE 2020

RISK ASSESSMENT	CHEAM FIELDS	PRIMARY ACADEMY	JULY 2020
<u>WHAT ARE THE HAZARDS?</u>	<u>WHO MIGHT BE HARMED AND HOW?</u>	<u>WHAT ARE WE ALREADY DOING?</u>	<u>WHAT FURTHER ACTION IS NECESSARY?</u>
Entering the corridor area where there are different families.	Transmission of covid- 19 infection to families.	Keeping all families 2 metres apart.	Monitored by swimming teacher.
Families with unwashed hands.	Transmission of covid- 19 infection to other families.	Inside the swim pool doorway there will be hand sanitiser.	Monitoring the families to check all hands are washed thoroughly.
Showers.	Transmission of infection from one child to another child.	Showers will not be in use during this time.	Monitored by the swimming teacher.
Swimming pool corridor.	Transmission of covid- 19 infection to families.	All adults and children are being explicitly told to remain 2 metres away from other families.	Reliant on adults and children conforming to the explicit rules given As the swimming teacher is teaching a swimming lesson.
Footbath Entering and exiting.	Risk of transmission of infection to other children.	Use chlorinated pool water which has been proven to kill the virus.	Footbath water constantly changed between groups.
Swimming pool enclosure door to the swimming pool.	Transmission of the virus Covid 19 onto other children.	Swimming pool door will be left open.	Monitored by swimming teacher.
Swimming pool steps and handrails entering and exiting.	Transmission of infection on the steps and handrails.	Swimming pool water used to wipe handrails in between each child.	Monitored by swimming teacher.
White capping on top of pool.	Possible transmission.	Put chlorinated pool water over the areas the children have been in between classes.	Carried out by swimming teacher.
Children becoming too close in the water.	Transmission of the virus.	Cones on the side of the pool designate where each child stands and swims.	Constant monitoring by swimming teacher throughout the swimming lesson.
Classes ability.	Too many children in the pool causing transmission.	Fewer children will be in each class on reopening the swim classes.	Monitored by swimming teacher.

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During the lesson.	Children becoming too close to each other, causing transmission.	Cones on the poolside designate where each child stands and swims to.	Monitored by swimming teacher.
All doors within the pool complex.	Possible transmission of the virus	All doors will be wedged OPEN, so handles are NOT TOUCHED	Monitored by swimming teacher.
Swimming floats.	Possible transmission of the virus	Child/children to buy their own floats/ teacher puts all floats in the pool	Teacher to ensure submersion of all equipment
Swimming pool equipment.	Possible transmission of the virus	Equipment to be put in pool to disinfect it before the next class of swimmers	Swimming teacher to submerge all equipment between classes
After the lesson.	Families becoming too close getting changed	Reminders given by swimming teacher	Monitored by swimming teacher.
Leaving the premises.	Transmission of the virus with families too close together	Reminders by swim teacher patrolling to remain 2 metres apart.	Monitoring of situation.
Enclosure floor.	Possible transmission site	Pour buckets of pool water on floor in between classes	Carried out by swimming teacher.
Changing room floor.	Possible transmission site	Pour buckets of pool water on floor in between classes.	Carried out by swimming teacher.